Saint Theoctistus
Abbot of Cucomo in Sicily

January 4

Apolytikion

Intonation: #25
Plagal Fourth Mode

Allegro \( \frac{1}{4} \)\( \frac{1}{2} \)

With the streams of thy tears, thou didst cultivate the barrenness

of the desert; and by thy sighings

from the depths, thou didst bear fruit a hundred-fold in

labours; and thou becamest a luminar -

www.stanthonyshospice.org/music/Menaion.htm
Psalmody in a crowded congregation
is accompanied by captivity and wandering
of the thoughts; but in solitude, this does not happen.
However, those in solitude are liable to be assailed by despondency,
whereas in congregation the brethren help each other by their zeal.

- St. John of the Ladder